

We have created this little leaflet to help you make the most of your visit to Dumfries & Galloway. Further information on the region can be found by visiting the following websites: www.visitscotland.com/destinations-maps/dumfries/see-do www.dgwgo.com

Arts, Crafts and Museums

Castle Douglas Art Gallery The Castle Douglas Art Gallery is an excellent venue for contemporary art and craft exhibitions. Opening Hours: Monday to Saturday 10:30am to 4pm. Admission is free. Sat Nav Details - Market Street, Castle Douglas, DG7 1BE

Dumfries Art Trail This walking trail links art studios, galleries and shops, all within a 10 minute walk from the High Street. Maps can be downloaded or collected from Visit Scotland (Tourist Information Office - 64 Whitesands, Dumfries, DG1 2RS).

Dumfries & Galloway Aviation Museum This museum, located on the site of the former RAF airbase, gives a hands-on experience in various aircrafts. Admission: Adults £5.40, Children £4.50, Family £16. **March to October** Wednesday 11am – 4pm, Saturday and Sunday 10am – 5pm **July and August** Wed to Fri 11am – 4pm, Saturday and Sunday 10am – 5pm. Sat Nav Details - Heathhall Industrial Estate, Dumfries, DG1 3PH

Stewartry Museum The Stewartry Museum has an old world charm and exhibits a wealth of objects relating to the area. Opening Hours: Monday to Saturday 11am to 4pm. Admission is free. Sat Nav Details - St Mary Street, Kirkcudbright, DG6 4AQ

Tolbooth Art Centre The Tolbooth Art Centre displays some of the best paintings from Kirkcudbright. Admission is free. Opening Hours: Monday to Saturday 11am to 4pm. Sat Nav Details - High Street, Kirkcudbright, DG6 4JL

Creetown Gem Rock Museum The Gem Rock Museum has a collection of many fine and rare examples of crystals found in Britain and also has a shop and a tearoom. Admission: Adults £5.50, Children £3.50 (5-15 years, under 5's go free), Family £15.00 (2 Adults & up to 3 Children), Concession £5.00 (OAPs, Students & Disabled). Opening Hours: Wednesday to Sunday 10am to 4pm. Sat Nav Details - Chain Road, Creetown, DG8 7HJ

Kagy Samye Ling Monastery Day visitors are welcome to visit Samye Ling, free of charge, all year round. You can visit the temple, which is open daily from 6am until 9pm, and you are free to stroll around the peace garden and grounds. You can also relax in the Tibetan Tea Rooms. Sat Nav Details - Eskdalemuir, Langholm, DG13 0QL.

Devils Porridge Museum The Devils Porridge Museum is dedicated to telling the story of how this once quiet area flourished into a hub of wartime activity. Opening Hours: Monday to Saturday 10am – 5pm, Sunday 10am – 4pm. Admission: Adults £6.00, Concessions, Over 60s & Children (aged 5-16) £5.00, Family Ticket (2 adults and up to 3 children) £15.00 Sat Nav Details - Annan Road, Eastriggs, DG12 6TF

Couples

The Mull of Galloway The Mull of Galloway is one of Scotland's best kept secrets and has its very own lighthouse. After a romantic walk you can relax in the tearoom and enjoy the stunning views. Sat Nav Details - Mull of Galloway, DG9 9HP.

St Ninian's Cave Situated only 4 miles from Whithorn Abbey, it is believed that this small sea cave was a retreat of St. Ninian, Scotland's first saint. Admission is free however there is a car parking charge of £1. Sat Nav Details - Whithorn, Newton Stewart, DG8 8JU

Sweetheart Abbey Discover the tale of devotion behind the abbey's evocative name. Monks named it in memory of Lady Dervorgilla, who founded the abbey in tribute to her beloved husband. Opening Hours: **1st April to 30th September** Monday to Sunday 9.30am to 5.30pm **1st to 31st October** Monday to Sunday 10am to 4pm. Sat Nav Details - Main Street, New Abbey, DG2 8BU. Admission: Adults £6, Children aged 5-15 £3.60, Children Under 5 go FREE, Concession £4.80.

Crafty Distillery TOUR & TASTE - £12.50pp. Enjoy a tour of the distillery and learn how they make their very own spirit from scratch and the process for making their gin. After the tour you can enjoy a perfect serve of their Hills & Harbour Gin. Sat Nav Details - Wigtown Rd, Newton Stewart, DG8 6AS

N'Dulge Here you can enjoy creative cocktails and the best in cutting edge music every weekend. Sat Nav Details - St Andrews Street, Dumfries, DG1 1BS

Wildlife & Nature

Grey Mares Tail Nature Reserve Enjoy a range of walks with breath-taking views and see one of the UK's highest waterfalls plunging 60m from Loch Skeen. Sat Nav Details - Dumfries & Galloway DG10 9LP

The Green Frog Here they have a small soft play area, offer fly and bait fishing, have a café and a small outdoor play area. It's the perfect place to relax. Sat Nav Details - Hammerlands, Moffat, DG10 9QL

Dalbeattie Forest Pretty Plantain Loch is a real highlight in this quiet, easy to explore forest beside the town of Dalbeattie. Car Parking charges: £1 for up to 1 hour, £2 for up to 3 hours, £3 for all day. Sat Nav Details - DG5 4QU

Threave Estate Threave Estate & Gardens is one of the most diverse properties in the care of the National Trust for Scotland. Admission: Adults £9.00, Family £20.00, Concession £8.00. Sat Nav Details - Castle Douglas, DG7 1RX

Food & Drink

Galloway Smokehouse & Galloway Fisherman Café Nestling on the banks of Wigtown Bay is the Galloway Smokehouse, home of prize winning smoked salmon, trout, seafood and game. Opening Hours: Tuesday to Sunday 10am to 3pm. Sat Nav Details - Carsluith, Newton Stewart, DG8 7DN

NonaLou's NonaLou's tearoom is welcoming, comfortable, has a great menu and offers alternatives for those with dietary requirements. Sat Nav Details - Brooke St, Dumfries DG1 2JL

Scottish Pantry The Scottish Pantry offers homemade cooking, baking and Origin Fair Trade Coffee and is highly recommended by the staff at Barnsoul. Opening Hours: Monday to Saturday 9am - 5pm. Sat Nav Details - 184 King Street, Castle Douglas, DG7 1DA

Basecamp at Laggan Outdoors Basecamp Cafe at Laggan Outdoor offers fresh, homemade food using local produce with daily specials, delicious home baking and top-notch coffee Opening Hours: Daily 9am - 5pm. Sat Nav Details - Gatehouse of Fleet, DG7 2ES.

Drummuir Farm Ice Cream Here you can find delicious ice-creams and sundaes with over 21 flavours! Sat Nav Details - Clarencefield Road, Collin, Dumfries, DG1 4PX

Sulwath Brewery Meet the brewer on a conducted tour every Monday and Friday at 1pm. Opening Hours: Monday to Saturday 10am - 6pm. Sat Nav Details - 209 King Street, Castle Douglas, DG7 1DT

TB Watson Specialist Wine & Spirit Merchant Here you can find a wide range of whiskies, spirits, liqueurs, and quality wines from around the world. Opening Hours: Monday to Saturday 10am - 5:30pm. Sat Nav Details - 15 English St, Dumfries, DG1 2BU

Moore's Fish & Chip Shop Based in the picturesque "Food Town" of Castle Douglas, award winning Moore's Fish and Chip Shop offers a mouth-watering menu. Opening Hours: Daily 11:30am - 10pm. Sat Nav Details - 254 King Street, Castle Douglas, DG7 1HA

Galloway Lodge Galloway Lodge serve homemade food, excellent coffee, and their very own handmade Galloway Lodge Preserves. They also have a great 'pop-up' burger restaurant every Friday and Saturday. This is very popular with visitors and locals alike so booking is recommended – call 01557 814001. Opening Hours: Monday to Saturday 9am – 4pm, Sunday 10am – 4pm. Sat Nav Details – Fleetvale, Gatehouse of Fleet, DG7 2HP

Annandale Distillery Here you can take a tour, sip the stunning peated and unpeated whiskies and try their delicious food. Opening Hours: Monday to Saturday 9am – 5pm, Sunday 10am – 5pm. Sat Nav Details – Annan, DG12 5LL

The Masonic Arms The Masonic Arms offers a choice of dining experiences from their contemporary dining room to the light and airy conservatory or their alfresco beer garden. Opening Hours: Saturday and Sunday 12pm - 9pm, Monday to Friday - 12pm - 2:30pm and 6pm - 9pm. Sat Nav Details - 10 Ann Street, Gatehouse of Fleet, DG7 2HU

Brodie's Restaurant, Wine Bar & Gin Lounge brings an outstanding dining experience to the spa town of Moffat. Opening Hours: Monday & Tuesday 10am-4pm, Wednesday & Thursday 10am – 10pm, Friday & Saturday - 10am - 11pm, Sunday - 10:30am - 9pm. Sat Nav Details - 1-2 Altrive Place, Holm Street, Moffat, DG10 9EB

Carlo's Italian Restaurant This family-run Italian eatery has an intimate feel with only a dozen tables serving a seasonal menu of classic dishes. To guarantee a table please call 01556 503977. Opening Hours: Thursday to Saturday from 6pm. Sat Nav Details - 211 King St, Castle Douglas, DG7 1DT

Hendersons Butchers Highly recommended by our team – amazing steaks, the best steak pies and fantastic sausages. Sat Nav Details - 64 King Street, Castle Douglas, DG7 1AD

The Earth's Crust Bakery An artisan bakery making homemade bread and sweet pastries in a traditional way. Opening Hours: Monday to Friday 9:30am – 6pm, Saturday 9:30am – 4pm. Sat Nav Details - 36-38, St Andrew Street, Castle Douglas, DG7 1EN

Families

Cocoa Bean Company Kids can make chocolate creations in the interactive workshops and explore the indoor, outdoor and soft play areas. Opening Hours: 9am - 5pm daily.

Admission: £16 per child to include the chocolate workshop and play areas or £6 per child for access to the play areas only. Sat Nav Details - Ashland, Twynholm, Kirkcudbright, DG6 4NP

Raiders Road - Galloway Forest Park Relax beside the banks of the River Dee, watch out for wildlife, picnic at the Otter Pool and enjoy peaceful woodland trails – and it's great by bike too. There is an all-day parking charge of £2. Sat Nav Details - DG7 3SH (nearest).

Spike and Arran Stags The Red Deer Range gives you the chance to see the beautiful red deer up close and in their natural environment. You might even spot our favourite deer, Spike and Arran! Admission is free and the range is open all day. Sat Nav Details - DG8 7BL is the nearest postcode.

Cream O' Galloway There is so much to do here including an adventure playground, indoor visitors centre, play areas, daily events, pedal karts, exciting slides and trampolines. Be sure to try their delicious ice cream after your fun filled day. Opening Hours: 10am – 5pm daily from April to November.

Admission: Adults & Children 6 and over £20, Children aged 3-5 £5. Sat Nav Details - Rainton, Gatehouse of Fleet, DG7 2DR

Sandyhills and Rockcliffe These sandy beaches near Dalbeattie are great for sunbathing, picnics and swimming. Sat Nav Details - Sandyhills, DG5 4PT Rockcliffe, DG5 4QQ

Dalscone Farm A farmyard of fun, whatever the weather, is waiting for you at Dalscone Farm with an indoor multi-level adventure play zone, slides and plenty to climb on. Opening Hours: Monday to Saturday 9:15am - 5pm. Admission: 1 Adult & 1 Child £15, 2 Adults & 2 Children £30, Additional Entry £7.50, Carer £5, Over 65's Free entry. Sat Nav Details - Edinburgh Road, Dumfries, DG1 1SE

Mabie Farm Park Mabie Farm Park is original farm fun for all ages and in all types of weather. Admission: Children (2-16 Years) £8, Under 2's go FREE, Adults £8.50, Concession £7.00. Opening Hours; Daily from 10am - 5pm. Sat Nav Details - Burnside Farm, Dumfries, DG2 8EZ

Farmers Den Indoor Activity Centre Farmers Den is a soft play centre where children are free to be as energetic and active as they wish. Admission: £4.00 per child for as long as they want, adults free. Opening Hours; Daily from 9:30am - 5pm. Sat Nav Details - 33-35 Glasgow St, Dumfries DG2 9AG

DG One Leisure Complex DG One is South West Scotland's largest sport, leisure and entertainment complex. Sat Nav Details - Hoods Loaning, Dumfries DG1 2HT

Outdoors

Laggan Outdoors Laggan Outdoors is the perfect place for adrenaline junkie families, couples or friends with its range of activities. Prices are set per activity and details can be found on their website at www.lagganoutdoor.co.uk. Sat Nav Details - Gatehouse of Fleet, DG7 2ES.

Galloway Activity Centre - Loch Ken The Galloway Activity Centre has lots of adventurous activities for you to choose from. After your fun filled day you can relax in the waterfront café. Prices are set per activity and details can be found on their website at www.lochken.co.uk. Sat Nav Details - Parton, Castle Douglas, DG7 3NQ

7stanes The 7stanes are eight mountain biking centres spanning southern Scotland. The 7stanes mountain bike trails offer everyone, no matter how experienced, some of the world's best mountain biking stretching from the heart of Dumfries and Galloway to the Scottish Borders.

Drumlanrig Castle If you like delving deep into history, soaking up the finest culture, exploring beautiful countryside or adrenaline-fuelled mountain biking, you'll love a day at Drumlanrig Castle. From activities for kids to salmon fishing, you'll find lots of activities waiting for you. Visit their website www.drumlanrigcastle.co.uk to plan your visit. Sat Nav Details - Thornhill, DG3 4AQ

Kirroughtree There is so much to do here from hiring mountain bikes and trying out one of the many bike trails, to the fantastic play park for the kids and the lovely tearoom. There are events held here throughout the year so check their website to find out more. Opening Hours: Monday to Friday 11am - 2:30pm, Saturday and Sunday 10am - 4pm. Sat Nav Details - Forest Drive, Newton Stewart, DG8 7BE

Alderneuk Fishery Alderneuk is an attractive and well stocked three-acre fly-only loch holding good sized rainbow, blue, brown and tiger trout. Opening Hours: Wednesday to Monday 8:30am - 10:30pm. Prices details can be found at www.alderneukfishery.co.uk. Sat Nav Details - Waterside Farm, Terregles, Dumfries, DG2 9RZ

Scree Hill At 1,126 feet, The Scree is far from being the highest of the Solway Hills range but can still serve a satisfactory introduction to climbing the hills of Galloway. Sat Nav Details - DG7 1SP (nearest)

Golf

Dumfries & Galloway has some of Scotland's finest courses. Below is a list of just a few golf courses on our doorstep with a total of 30 courses in the region.

Dalbeattie Golf Club – Sat Nav Details: Maxwell Park, Dalbeattie DG5 4LS

Castle Douglas Golf Club – Sat Nav Details: Abercromby Road, Castle Douglas DG7 1BB

Dumfries & Galloway Golf Club – Sat Nav Details: Laurieston Avenue, Dumfries DG2 7NY

Crichton Golf Club – Sat Nav Details: Bankend Road, Dumfries DG1 4TH

Craigknowes Golf Course – Sat Nav Details: Woodside Terrace, Dalbeattie DG5 4EF

Dumfries & County Golf Club – Sat Nav Details: Edinburgh Road, Dumfries DG1 1JX

The Pines Golf Centre – Sat Nav Details: Lockerbie Road, Dumfries DG1 3PF

Colvend Golf Club – Sat Nav Details: Sandyhills, Dalbeattie DG5 4PY

Park of Tongland Golf Club – Sat Nav Details: Kirkcudbright DG6 4ND

Newton Stewart Golf Club - Sat Nav Details: Kirroughtree Avenue, Newton Stewart DG8 6PF

Fishing

Loch Ken, Castle Douglas, DG7 3NQ – Pike Fishing in Loch Ken is spectacular and is famed for one angler catching the 'Loch Ken Monster', the largest pike on record in Loch Ken weighting 72lbs and measuring 7 feet in length!

River Annan, Annan, DG12 5PF – The Annan's salmon catch is usually in Scotland's top 20 with weights of 10lbs plus.

Castle Loch Fishery, Lochmaben, DG11 1NN - Castle Loch is Scotland's Premier specimen coarse fishery and is located in a serene nature reserve.

The Buccleuch Estates Fishing, Drumlanrig Mains, Thornhill, DG3 4AQ - Here you'll find Salmon and Sea Trout fishing in the River Nith, plus Grayling fishing in the winter. They also offer Rainbow Trout and Brown Trout fishing in the well-stocked lochs.

Birdwatching

Ken Dee Marshes – Ken Dee Marshes is a RSPB reserve just by the west side of Loch Ken and comprise of both wetland and woodland areas for you to explore. In any month you can usually be treated to Red Kite, Wood Warbler, Nuthatch, and many more beautiful species. Sat Nav Details: Castle Douglas DG7 2LY

WWT Caerlaverock – This nature reserve has a variety of habitats including a saltmarsh, grassland, reed beds, ponds and wooded avenues. WWT Caerlaverock is internationally renowned for its flock of Barnacle Geese that arrive each year. Sat Nav Details: Eastpark Farm, Caerlaverock DG1 4RS

Nearby Towns & Villages

Springholm, DG7 3LP (7 miles from Barnsoul)

Kirkpatrick Durham, DG7 3HL (8 miles from Barnsoul)

Corsock, Castle Douglas, DG7 3DW (11 miles from Barnsoul)

Dalbeattie, DG5 4AR (14 miles from Barnsoul)

Dumfries, DG1 2BD (9 miles from Barnsoul)

Castle Douglas, DG7 1LD (13 miles from Barnsoul)

New Galloway, DG7 3RH (20 miles from Barnsoul)

Gatehouse of Fleet, DG7 2HP (26 miles from Barnsoul)

Lockerbie, DG11 2HA (22 miles from Barnsoul)

Newton Stewart, DG8 6NH (43 miles from Barnsoul)

Creetown, DG8 7JW (37 miles from Barnsoul)

Kirkcudbright, DG6 4AN (22 miles from Barnsoul)